St John Ambulance

WHAT TO DO IF SOMEONE IS BLEEDING

1. Press it
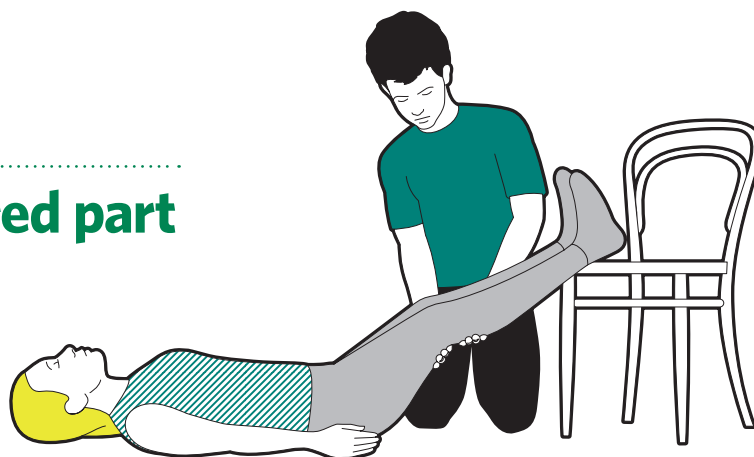➤ Apply direct pressure to the wound

2. Call 999/112 for emergency help

3. Firmly secure dressing with a bandage

4. Treat for shock

5. Support the injured part

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