

IOSH Managing Occupational Health and Wellbeing

Training is delivered in association with Astutis and IOSH.

7 hours



Online Learning



Institution of Occupational
Safety and Health

About the course

Become a proactive part of your business and make staff wellbeing and mental health a major priority, with the IOSH Managing Occupational Health and Wellbeing course. The course is designed to educate line managers and HR professionals in how to positively influence staff wellbeing and mental health.

The IOSH Managing Occupational Health and Wellbeing course continues to be utilised globally as a positive mental health support tool. The course provides intimate understanding of how to influence workplace mental health and internal wellbeing in the right direction.

It will provide managers with the practical advice and tools to help create a healthy and productive workplace. The course will offer practical advice to manage health risks and cement your understanding of responsibilities for the health and wellbeing of staff.

Course syllabus

This course is split into four modules:

- A healthy company
- Health risk management
- Fitness for work
- Wellbeing

Assessment

At the end of the course, there is a short multiple choice test, comprised of 20 questions, you will have 30 minutes to complete. There is also a practical workplace health risk assessment, to be completed within 2 weeks of completing the course material and submitted by email.

For General Queries

Contact our customer services team:
workplace-training@sja.org.uk

Or call us on
0344 770 4800

Lines are open Mon-Fri 8.30am-5.30pm

Course brought to you by St John Ambulance in
partnership with Astutis and IOSH.

