

**Coleford**  
**Coleford High Street**  
**Coleford**  
**Gloucestershire**  
**GL16 8HF**

**St John**  
**Ambulance**



 **From Gloucester**

Take the A4136 from Gloucester and bear left at the junction with the B4028 at Edge End into Coleford town centre. Go straight on at the traffic lights and continue past the clock tower up the hill to the next roundabout and take the 3rd exit into the Forest of Dean District Council car park. The Training Centre is situated on the grass bank overlooking the car park.

 **From Lydney and Sedbury**

Enter Coleford by the B4288 and continue until you reach the traffic lights at the junction with the B4028. Turn left at the traffic lights and continue past the clock tower up the hill to the next roundabout and take the 3rd exit into the Forest of Dean District Council car park. The Training Centre is situated on the grass bank overlooking the car park.

 **From Monmouth**

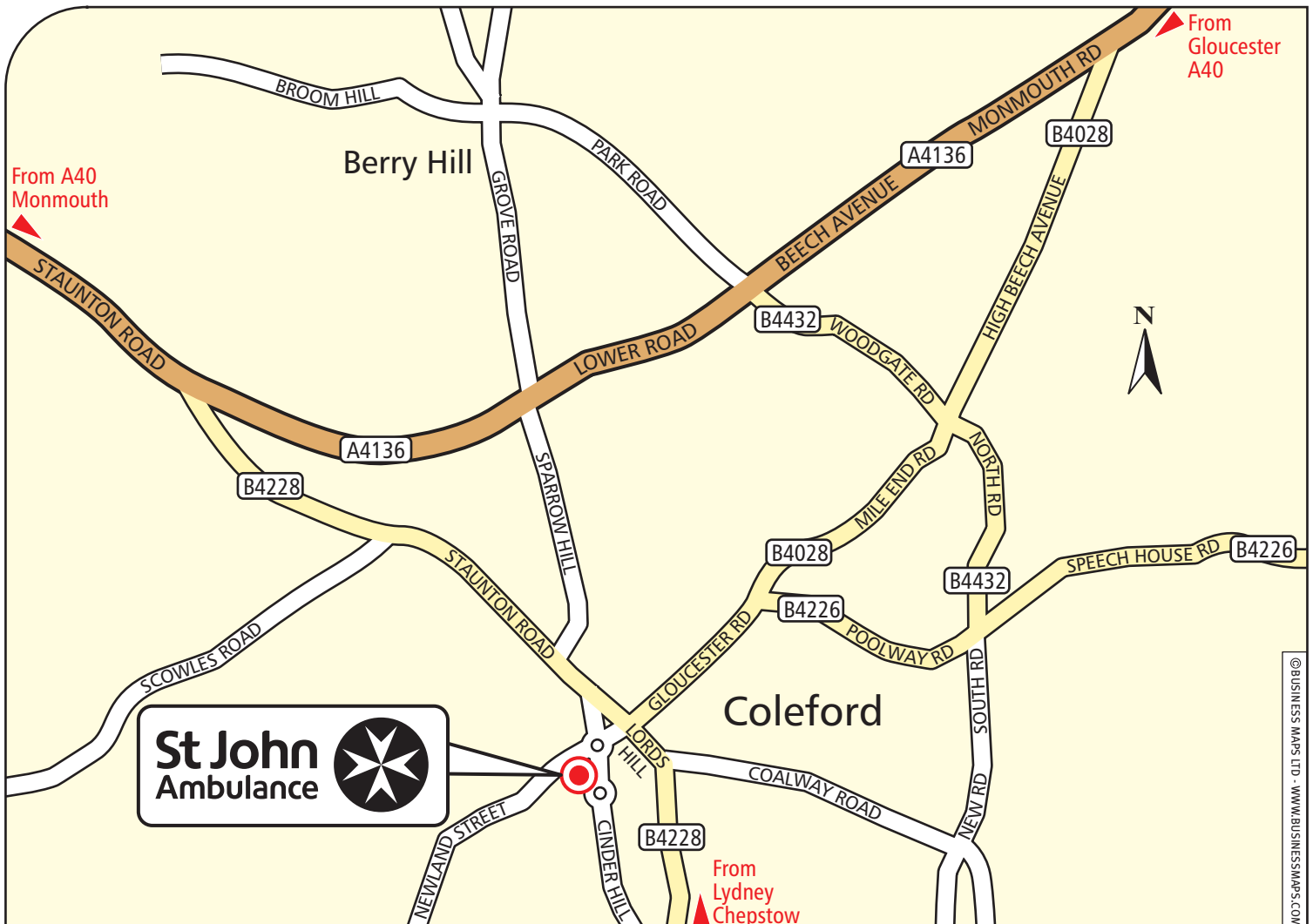
Take the A4136 as far as the junction with the B4228 and turn right following this road until you reach the traffic lights in the centre of Coleford. Turn right at the traffic lights and continue past the clock tower up the hill to the next roundabout and take the 3rd exit into the Forest of Dean District Council car park. The Training Centre is situated on the grass bank overlooking the car park.

 **By Rail**

The nearest railway station is Lydney (about 8 miles away). Contact National Rail Enquiries on 08457 48 49 50.

 **Parking**

Limited parking is available on site. Additional parking is available 150 metres away on the other side of the roundabout.



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