

## In Your Area

ASCOT & BRACKNELL  
Badgers, Cadets and Adults

CIPPENHAM & BURNHAM  
Badgers, Cadets and Adults

HUNGERFORD  
Badgers, Cadets and Adults

LANGLEY & SLOUGH  
Cadets

MAIDENHEAD  
Badgers, Cadets and Adults

NEWBURY & THATCHAM  
Badgers, Cadets and Adults

READING  
Cadets, Adults and Reading University LINKS

THEALE  
Badgers, Cadets and Adults

WINDSOR  
Badgers, Cadets and Adults

WOODLEY  
Cadets and Adults

WOKINGHAM  
Cadets

St John Ambulance  
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Woodley RG5 4QN

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## Youth Volunteering in Berkshire

we do more  
than first aid

## Cadets

If you're aged between 10 and 17 years old, you can join one of our Cadet units that are based throughout the county.

At Cadets it's all about fun, adventure and community. Cadets meet once a week and learn a variety of skills including first aid, leadership, radio communications and care. There is the opportunity to put your first aid skills into practice by attending events such as football matches at the Madejski Stadium, Ascot races and the Windsor half marathon. Cadets also attend local carnivals and fetes.

As a Cadet you can take part in the Duke of Edinburgh Award, The Grand Prior Award scheme and the Amalfi Award.

The Grand Prior Award involves the completion of four stages. Cadets can choose from over 70 subjects in order to complete each stage.

Don't worry you don't have to do all 70!

You can also go camping, which is great if you're new to the division. It means you can meet other cadets from other divisions. Camping is also lots of fun.

Another benefit of being a Cadet is being able to raise money through an array of fundraising activities. The money raised goes right back into St John to help pay for further resources and activities



## LINKS

Volunteering, training, socialising, and community action are just a few of the opportunities that could be opened to you by volunteering with LINKS, the student section of St John Ambulance.



The Berkshire LINKS is based at Reading University and is affiliated with the University Students Union.

LINKS provides first aid cover to not only the University but also to the wider community. LINKS meet regularly both in and out of term time and have many social events throughout the year.



## Youth Leaders

Youth leaders play a crucial part in the development of thousands of young people by broadening their horizons and helping them to realise their potential. You don't need any previous first aid or youth leading experience; we will provide training for the role.

If you would like to join then contact us to find out how you can help.

## Badgers

Anyone aged between five and 10 years old can join one of our many Badger Setts.



Badgers do many of the same activities as cadets such as camps and learning first aid.

During their time in St John Badgers can work towards achieving the Super Badger Award.

This involves being a healthy badger, a hungry badger, an eco badger and a creative badger to name but a few.



## Why join St John?

Cadet member Katie had this to say, "You should join St. John as you make lots of friends, you learn loads like first aid and radio communications.

But the main thing to remember is we don't just do first aid, we do lots more!".