

**St John
Ambulance**



Welcome to Berwick Day Centre



Care in the Community

Introduction to Berwick Day Centre

St John Ambulance Northumbria has been operating a Day Care Centre in Berwick since 1998 and in 2009 the Centre underwent a full refurbishment. The centre enjoys an excellent reputation and our service users continually tell us how well regarded our service is. The Centre has been designed to achieve an environment which promotes the independence of service users whilst ensuring all the facilities are available to accommodate their varying needs.

We offer day care to people of all ages who have some degree of mental or physical disability or who are elderly or experience problems leading to social isolation. We aim to provide social and mental stimulation and to improve quality of life. The service is adapted to meet the needs of the individuals attending the Centre and also provides respite for carers, ensuring that the person that they care for will be looked after in a safe and stimulating environment. Carers are encouraged to visit the centre if they wish, both informally and to participate in the service user's care planning. We assist in maintaining links with the local community to help avoid social isolation.

The Day Centre operates 3 days a week offering 15 places a day Monday, Tuesday & Friday. Referral is via Social Services. We also provide Private Day Care places; further information is available on request.

We serve a hot midday meal and can cater for specialist diets. We also provide morning coffee and afternoon tea.

We use local taxi firms to transport Service Users to and from the Centre if required.

Service users and their families are welcome to come and have a look around the Day Centre; our Day Centre Manager will be happy to discuss any questions or concerns you may have.

Centre Manager: Claire Pengelly
Care Assistants: Cilla Blythe & Michele Kane
supported by many volunteers

Aims & Objectives

- Our staff aim to provide a high quality Day Care Service. We provide a programme of activities, which maximises the user's independence and links to the wider community.
- Our service users are treated as individuals; particular needs, likes and dislikes are discussed in their care planning. They have the right to make choices and express preferences.
- Encouragement is given to be as independent as possible; this doesn't compromise our high standards of care.
- We aim to preserve the dignity of all users and do this in a manner which is sensitive to need, bearing in mind ethnic, religious and cultural factors. Service users have the right to privacy and to be left alone if requested.
- The staff are always available to answer questions and will always maintain confidentiality.
- We will provide a nutritious and appetising meal each day with light refreshments at other times.
- Staff have regular supervision sessions and St John Ambulance Northumbria is committed to providing and retaining good quality and well trained staff.
- All service users records are kept in a locked cabinet and will only be retained for the appropriate timescale.
- A review of the service user's welfare and progress and the appropriateness of the placement will be reviewed every six months but the service user and/or their family can request a review at any time.

Facilities

Main Activity Hall



The Main Activity Hall offers a comfortable and friendly environment.

Quiet Room

The Quiet Room is a very peaceful room where you can sit and chat, use the computer or listen to some music. Staff & Volunteers are available to assist with basic skills in computer use.



Craft Workshop



At the back of the Centre we have a craft workshop where Service Users can develop skills in the art of woodworking and other crafts assisted by a professionally trained volunteer.

Woodworking Skills



Our Garden



Service Users at our Day Centre enjoying an afternoon in our garden, growing vegetables and potting / planting flowers.

The Fruits of our Labours!

One of our Service Users showing the fruits of his labours.



Activities

Berwick Day Centre employs well trained caring staff, dedicated to providing a range of social activities for our Service Users which include the following:

Sports Activities

Art Therapy

Musical Singalongs

Board Games

Domino Tournaments

Quizzes & Crosswords

Gardening

Glass Painting

Domino Tournaments

Darts

Computer Skills

Photography

Jewellery Making

Cardmaking

Flower Arranging

Art

Cheese & Wine Afternoons

Cooking Demonstrations & Healthy Eating Weeks

Film Afternoons

Reminiscence Sessions

Needlecraft

Proggy Mat Making

Ceramic Painting

Gardening

Woodwork

Barbeques

Mosaic Crafts

Visiting Entertainers

Visiting Speakers including -

The Benefits Agency

The Small Tasks Service

R.N.I.D.

R.N.I.B.

Fire Safety talks from the Fire Service

Falls Team—how to prevent falls around the home

Calvert Trust—talk on respite breaks

Local Artists

Optician

Podiatry

Days out:

Annual Christmas Shopping trip to the Metro Centre

Meals out to local pubs and restaurants

Crafts



A Service User proudly showing her hand made mosaic butterfly, beautifully made with precision and care. These are displayed in our flower filled patio garden.

Art and Proggy Mat Making

A Service User carefully drawing and the finished result of a proggy mat.



Activities

Art Therapy



We are fortunate to have the expertise of art therapy students to work with our Service Users.

Art Therapy



Activities

Flower Arranging



Service Users learn the art of flower arranging with some beautiful results.

Birthday Celebrations





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If you would like the information in this brochure in larger print, please contact Claire Pengelly at the Day Centre.