

**St John**  
Ambulance



St John Ambulance training


# **Health and safety** and **first aid** for the workplace

**Course schedule:** October 2009 – June 2010

**Isle of Wight**



## On-site training

 Let us bring our training to you.

It's not always practical to take staff off-site for training. Sometimes, the most effective place to learn is where you'll actually be using your new-found skills and knowledge. In which case, we'll bring our training to you.

Our priority is that you get the training you need, so we make it as simple as possible by arranging training at a time, day and location to suit you. It's good for our highly skilled trainers, too, who enjoy the opportunity to get out of the classroom and teach in a working environment.

### All we need to set up a course for you:

- You need a group of people on the same course
- A room large enough for the group to work in safely and comfortably. If you don't have one, we'll happily advise on a suitable venue nearby
- Details of dates and times that suit you.

To find out more visit [www.sja.org.uk/onsite](http://www.sja.org.uk/onsite) or call **08700 10 49 50**



## Online support – information at your fingertips, anytime

We're delighted to announce the launch of our enhanced training website so now you can either phone or go online and book your training course.

Designed for maximum usability, our website makes finding the information you want to assess your needs and book your training course as seamless as possible. Benefits of our website include:

- **Interactive tools** – Not sure what training you require? Give us a few basic facts about your business and we'll tell you instantly what training gaps, if any, need filling to meet your legal obligation
- **Course search** – Find a training course, venue, date and time to suit you. We'll also give you a list of options if your preferred choice is already full
- **Online booking** – No need to phone us unless you want to. You can book your course directly from the website
- **Regular updates** – Sign up for our regular eNews and we'll keep you informed of your responsibilities and requirements throughout the year.

As well as these interactive tools, there's a wealth of useful information and other features on the site. Rather than list them all here, though, we'd like to invite you to visit [www.sja.org.uk/training](http://www.sja.org.uk/training) and see for yourself.

## Course prices may vary

You may notice some courses vary in price between regions. We'd like to reassure you this does not reflect on the quality of a course, merely on the cost of providing the course and venue in certain areas. The cost for each course is indicated above each county's course availability table. Please check carefully.

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For more information on courses, prices, venues, times, availability and to book visit [www.sja.org.uk/training](http://www.sja.org.uk/training)

## First aid: First aid at work

This course covers the practical skills needed by a first aider in the modern workplace. The course will give you the confidence and knowledge to deal with first aid emergencies and is legally compliant with Health and Safety (First Aid) Regulations.

**Course duration:** Three days (18 hours)

**Course price (not including VAT):** £175.00

**Course availability:**

	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Newport	19-21	17-19	7-9	11-13	22-24	8-10	19-21	10-12	21-23

## First aid: First aid at work requalification

This course updates the first aid skills of those who need to renew their statutory First aid at work certificate and whose existing certificate is still valid. First aiders whose certificates have expired beyond 28 days must attend the full three-day First aid at work course.

**Course duration:** Two days (12 hours)

**Course price (not including VAT):** £95.00

**Course availability:**

	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Newport	12-13	11-12	2-3	25-26	8-9	15-16	15-16	17-18	17-18

## First aid: Emergency first aid at work

This new course is developed in line with the Health and Safety Executive's (HSE's) changes to the First aid at work regulations. It is designed for lower-risk businesses, where a risk assessment has indicated that a lower level of first aid cover is sufficient.

**Course duration:** One day (6 hours)

**Course price (not including VAT):** £50.00

**Course availability:**

	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Newport	5	4	1	20	3	1	14	7	1

## First aid: Early years first aid

This course focuses on emergency scenarios that are faced by professionals, including teachers, au pairs and playgroup leaders, looking after young children. It meets the standards required by Ofsted and DCSF Approved Carers Scheme.

**Course duration:** Two days (\*course distributed over 4 evenings, totalling 12 hours)

**Course price (not including VAT):** £70.00

**Course availability:**

	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Newport	5-6 17&24	14&21 25-26	5&12	13-14	1*,8*, 22*, 1 Mar*	4*,11*, 18*,25*	17&24	6*,13*, 20*,27*	19&26
	7*,14*, 21*,28*	2*,9*, 16*,23*		14*,21*, 28*, 4 Feb*	13&20	13&20	22-23 7*,14*, 21*,28*	22&29	

## Please contact us for details of health and safety training, including:

- IOSH Managing safely
- IOSH Working safely
- BSC Level 2 certificate in risk assessment
- Fire marshal
- Moving and handling principles



## Your local, national organisation

### Isle of Wight training venues:

Newport

**Creating a safer working environment**

08700 10 49 50

[www.sja.org.uk/training](http://www.sja.org.uk/training)



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