

The nearest defibrillator location is:

**REMEMBER THIS AND YOU
COULD HELP SAVE A LIFE**



Please write clear location instructions here. Draw a map if it helps make things clearer.

- **Always start CPR immediately - then use the defibrillator**
- **If a trained first aider is not available, please follow the voice commands given when you open the defibrillator lid (paediatric pads may be needed)**
- **Can be used on any adult and on children aged one and over**
- **A defibrillator is safe. It will not allow a shock to be given unless the heart rhythm requires it**
- **We recommend first aiders take our 3-hour defibrillator training to build skills and familiarity. Visit sja.org.uk/aed for more information.**



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Get trained.

Help save lives.

Be the difference.

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