

AGE CONCERN

www.ageconcernsomerset.org.uk

Offers a comprehensive service to carers, from form filling to funeral planning.

Taunton

Shepton Mallet

Yeovil

Weston-super-Mare

0800 009966

01823 423497

01749 344012

01935 411077

01934 24360

ALZHEIMER'S SOCIETY

www.alzheimers.org.uk

Contact for information and support and to find your local branch.

0845 3000 336

A4e

Advocacy, respite, short breaks and direct payments for disabled adults of working age (18-65 years).

01823 339494

BRITISH RED CROSS

Home from hospital service:

Short term practical and emotional support to help people get their confidence back and live independently, eg. transport home from hospital, sitting and shopping. Free service.

Medical equipment service:

Lots available on loan from the Taunton office.

01823 273707

0845 331 3331

CARERS CHRISTIAN FELLOWSHIP

Contact Sue Jones:

sjones.ccf@ntlworld.com

Registered charity number 1063112

www.carerschristianfellowship.org.uk

01793 887068

CARERS UK

The voice of carers

Carersline freephone:

Free advice line 10.00am-12.00, 2.00pm – 4.00pm

Wednesday and Thursday

020 7490 8818

0808 808 7777

COMMUNITY LEGAL SERVICE DIRECT

A free government funded confidential advice service

0845 3454345

COMPASS DISABILITY SERVICES

Pointing you in the right direction for local services

www.compassdisability.org.uk

0844 9842828

COMPUTER RECYCLING PROJECT

01823 442665

CONTINENCE ADVICE

Specialist Nurse (NHS)

Continence Foundation

Charter Healthcare

01935 848247

0845 3450165

0800 132787

COUNCIL FOR VOLUNTARY SERVICES (CVS)

01823 284470

COUNSELLING SERVICE

(With Carefirst)

Free to carers, 24 hrs, 7 days a week

0800 174319

DENTAL HELPLINE

0845 7697691

DISABILITY LIVING FOUNDATION

0845 1309177

Advice on disability equipment and mobility aids for
older and disabled people

EMPLOYMENT SUPPORT SERVICE

Contact Graham Milroy for help and advice

01373 455819

ENERGY EFFICIENCY ADVICE

Somerset projects offering grants to keep warm and stay well in your own home

0800 512012

HANDYMAN SERVICES

(Services vary across the county)

Taunton Deane and South Somerset
handyman service

**01823 356326/
01823 356443**

Sedgmoor area:

Sedgmoor Home improvements

01278 442405

Mendip area:

Mendip Care and Repair

01749 345379

HELPLINES

(Services vary across the county)

Taunton Deane

01823 257185

Mendip

01749 334329

Sedgmoor

01278 435776

West Somerset

0800 1386107

South Somerset

01935 479815

For a small cost, about £3 per week plus a joining fee, these help lines will organise help and backup for you

INDEPENDENT AGE

020 7605 4200

A charity supporting older people at home (depending on savings, you may be entitled to a small income for life, help towards equipment and many other benefits)

MENTAL HEALTH SERVICES

Ask Somerset Direct for services in your area

www.somersetcarers.org

MESSAGE IN A BOTTLE

0845 8332806

A free container for medical information

MINDLINE

Free listening service for carers
Wednesday, Friday, Saturday and Sunday 8.00pm –
midnight

01823 276892

MULTIPLE SCLEROSIS HELPLINE

0808 800 8000

NHS DIRECT

www.nhsdirect.nhs.uk

24 hours a day, 7 days a week service to answer
questions on health issues. If you are not sure whether
you need an ambulance, a doctor or just some advice,
NHS Direct will help you decide.

0845 4647

OCCUPATIONAL BENEVOLENT FUNDS ALLIANCE

Offering charitable assistance Monday to Friday,
10.00am – 4.00pm

www.joblinks.org.uk

01707 651777

PALS

www.somerset.nhs.uk/pals

pals@somersetpct.nhs.uk

Patient liaison service for concerns/problems about
health services.

0800 085 1067

PENSIONER FORUMS

Taunton and Wellington
Bridgwater
West Somerset

01823 276866

01278 415659

01984 640571

PARENT PARTNERSHIP

Somerset service for all parents of children with special
or educational needs.

01823 335285

RADAR

Royal Association for Disability and Rehabilitation

0207 250 3222

REMAP

www.remap.org.uk

Local contacts:

George Earl

David Brown

A national charity providing one-off technical equipment solutions for disabled people.

01823 331467

01823 275661

RETHINK

www.rethink.org

National charity helping people affected by severe mental illness.

0845 4560 455

SAMARITANS

www.samaritans.co.uk

0845 7909 090

SIGNPOSTS

A signposting service

0800 317220

SITTING SERVICE

Call Somerset Direct

Much more than 'sitting', sell the service as 'someone who can read to/talk to/play cards with the person you care for'. This is a very under-used service. Don't wait until you are desperate. Call Somerset Direct now, organise a sitter and go and do something for you.

SHELTER

Somerset housing aid centre

0800 1690 317

SOCIETIES

Please ask Somerset Direct for local contact numbers
Most illnesses/disorders have set up societies. Somerset
has local branches and support groups, eg. Alzheimers,
Parkinsons, Dementia and MS

SOMERSET ASSOCIATION FOR THE BLIND 01823 333818

www.somersetblind.org.uk

SOMERSET DIRECT

8.00am-6.00pm Monday to Friday
9.00am-4.00pm Saturday

Adults/older people
Children/young people
Out of hours emergency number

0845 345 9133
0845 345 9122
01458 253241

Offers a one-stop-shop to carers in Somerset, carer
support workers, finance assessments and benefits (FAB)
team, blue disabled badges, home safety checks, bobby
van for home security checks and much more.

Also 'help in crisis' is activated by Somerset Direct.

SOMERSET FLOATING SUPPORT SCHEME 01823 365305

(Developed with RETHINK) For adults 65 years and older
with mental health problems.

SOMERSET GATEWAY

www.somersetimpact.org.uk

Support to parents of children with disabilities/special
needs.

01823 336370

SOMERSET IMPACT

www.somersetimpact.org.uk

Support to parents of children with disabilities/special
needs.

01823 251540

SSAFFA

Soldiers, Sailors and Air Force Families Association
A national charity helping serving and ex-serving
members and their dependants.

01935 841331

ST JOHN AMBULANCE

SOMERSET CARER SUPPORT PROGRAMME

Jude Glide, Care Development Manager

jude.glide@somerset.sja.org.uk

www.sja.org.uk/somersetcarersupport

01823 345920

STROKE ASSOCIATION

Find your local club
Find family support

0845 303 3100

01392 447364

01984 639272

SUCH PROJECT

Service Users Complementary Holistic Project

01823 331052

UNIVERSITY OF THE THIRD AGE (U3A)

Creativity and fulfilment for older people

01823 353703

VETERANS UK

Service personnel and veterans agency

0800 169 2277

WESSEX HOME IMPROVEMENT LOANS

www.wessexrt.co.uk/homeimp

01392 332853

LOCAL INITIATIVES

Taunton Area – Carers Together
Monthly gathering of carers and cared-for
Roy Varndell

01823 443356

This information is correct at the time of printing.

If details have changed or you wish to add anything, please contact Jude Glide
at St John Ambulance in Somerset.

