

Guidance notes for cadet volunteers

People and Organisation
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PERSONAL APPEARANCE

- 1.1 Young people enjoy wearing their uniform and gain a sense of pride and belonging when wearing it. The introduction of the SDU has given the opportunity to ensure our young people's uniforms mirror the professional image and reflects a modern vibrant charity.
- 1.2 SDU may only be worn with the express permission of St John Ambulance. When wearing the uniform it must be ensured that that St John Ambulance is not brought into disrepute and that it is only worn for St John Ambulance activities.
- 1.3 Uniform must always be clean, ironed and worn smartly.
- 1.4 When wearing SDU or Ceremonial uniform, hair should be off the collar and tied up if appropriate with a plain black band (both male and female).
- 1.5 Makeup should be discrete and nails short, clean with no nail varnish, gel or acrylic nails.
- 1.6 Jewellery should not be worn. Visible piercings should be removed. One plain gold / silver / pearl ear stud (less than 5mm diameter) may be worn in each ear. Hooped or other earrings may not be worn.
- 1.7 Wrist watches must not be worn when in a clinical role. Fob watches that can be cleaned should be of colours consistent with SDU.
- 1.8 Where dress does not meet the required standard, people may be asked to dress appropriately in future, or even be asked to go home to change.
- 1.9 Cadets attending Unit activities and Unit training should wear an SJA polo shirt with suitable black trousers and footwear.
- 1.10 Cadets who are assisting with the delivery of first aid at events wear an SDU shirt and combat trousers with black socks and shoes.
- 1.11 Cadet Observers wear either an SDU shirt or SJA polo shirt and appropriate black trousers with black socks and shoes.
- 1.12 When wearing an SDU shirt, SJA polo shirt, fleece or parka Cadets must wear an appropriate Cadet Role bar.
- 1.13 When wearing Hi-vis jackets or tabards a Cadet flash front and rear must be worn.
- 1.14 When wearing any aspect of SDU, suitable trousers and footwear must be worn to conform to a uniform image. Jeans, trainers, shorts etc. should not be worn unless undertaking a special event e.g. RISE training, camps/residential events, peer education, adventurous activities etc.
- 1.15 For Ceremonial or special formal events, in addition to SDU a brassard may be worn on the **left** shoulder.
- 1.16 All young people should be dressed the same e.g. all with SJA baseball caps or all without.
- 1.17 For details of uniform combinations see table below.

CADET UNIFORM

2. The Cadet Uniform consists of:

- Short Sleeve SDU Shirt with plain black or appropriate rank slides for service delivery roles (long sleeve shirts are available for cultural reasons).
- If a T-shirt is required underneath the shirt, the T-shirt must be plain white with a round neck.
- SDU Combat trousers or other similar black trousers
- SDU Polo shirt
- SDU Fleece (optional)
- SDU Parka (optional)
- SDU Baseball cap (optional)
- SDU Beanie Hat (optional)
- Brassard (to enable badges to be displayed)
- SDU belt (optional) or plain black belt

Cadets attending Unit activities and training should wear the polo shirt and suitable black trousers; this can be worn with a baseball cap as optional.

WEARING SERVICE DELIVERY UNIFORM FOR EVENT COVER

- 3.1 Cadets who are delivering first aid at events should wear an SDU short sleeved shirt with a plain white, round necked T shirt beneath if required, SDU combat trousers with black socks and plain black shoes. An SDU belt or a plain black belt may be worn.
- 3.2 Perfume / aftershave if worn in excess can have a detrimental effect on some patients so should be used discretely if at all.
- 3.3. Cadet Observers should wear either an SDU polo shirt with appropriate black trousers, socks and shoes or a short sleeved SDU shirt and combat trousers with appropriate black socks and shoes. SDU belts or a plain black belt may be worn.
- 3.4 An SDU baseball cap is optional. A Hijab or black turban may be worn.
- 3.5 Appropriate Cadet role bars must always be worn to identify them as Cadets. When wearing high visibility garments “Cadet” marking must be shown to both the front and rear in addition to the “St John Ambulance” markings. The black role bar may be worn on the front right hand position; this does not need to be reflective.

WEARING SERVICE DELIVERY UNIFORM FOR EVENT COVER

4.1. For ceremonial or special events Cadets should wear:

- Short sleeve SDU shirt with plain black or appropriate rank slides (long sleeve SDU shirts may be worn for cultural reasons)
- SDU Combat Trousers
- SDU belt or plain black belt
- Brassard on the **left** shoulder
- SDU Fleece (optional) black side out

All cadets should be dressed the same.

4.2 National and Regional Cadets of the Year and the London Lord Mayor's Cadet will wear the adult Ceremonial uniform with Cadet markings and appropriate aiguillette.

4.3 When wearing the ceremonial uniform, the cadet breast badge should be worn over on the right hand side.

4.4 District Cadets of Year wear a white lanyard over their left shoulder.

4.5 Cadets who perform in St John bands will wear Ceremonial uniform with appropriate additional markings as approved by the Head of Volunteering NHQ.

WEARING OF BADGES WITH SERVICE DELIVERY UNIFORM

5.1. All badges should be worn on the Cadet brassard only. No badges should be sewn directly onto the SDU shirt.

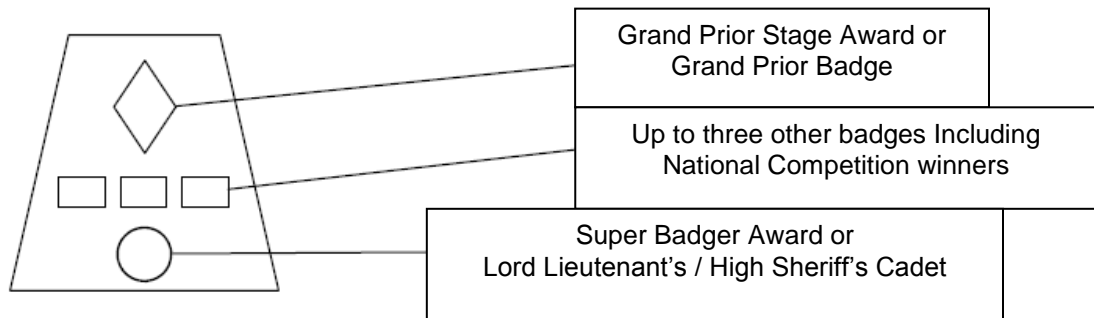
5.2. Appropriate role bars are to be worn on the front of the SDU shirt, polo shirt, fleece, parka and High Visibility garments. If rank slides are appropriate for role they should be worn on the SDU shirt, fleece and parka.

5.3. The positioning of badges is listed below

- One stage badge (or Grand Prior Badge) from the Grand Prior Award in position 1 (top centre)
- Up to three evenly spaced badges underneath the stage badge from the list below:
- Cadet Service Award (highest level only)
- Duke of Edinburgh Award Bronze, Silver or Gold (highest level only)
- Amalfi Challenge (highest level only)
- Sovereign's Award
- National Competition Winners badge
- Super Badger Award
- Lord Lieutenant's or High Sheriff's Badge



The brassard shall be worn on the left arm



CADET PEER EDUCATORS

- 6.1 Peer Educators should wear the SDU with the appropriate role bar. This will either be "Peer Educator" or "Assistant Peer Educator".
- 6.2 Smart casual trousers / smart jeans are permitted as the peer educator may be engaged in informal training situations. If SDU combat trousers are worn then black shoes and socks must also be worn.

TRANSITION

- 7.1 There is a three year transition period to all cadets wearing SDU ending on 1 April 2016. It is anticipated that for a short period there will be cases where Cadets will have a mix of both the old uniform and the new uniform. When forming groups (sections) at events or parades, Cadets should be dressed in the same uniform. Where a mix of uniforms (old and new) is present they should be presented in two separate sections.

UNIFORM COMBINATIONS

✓ Must be worn ★ To be worn when instructed ✕ Must not be worn ○ Optional	Cadets (Informal)	Cadets Event Cover - Clinical role	Cadets Event Cover - Observer	Cadet Peer Educator	Cadets Formal
SDU Shirt (short-sleeved)	X	✓	○	X	✓
Plain white T-shirt	X	○	○	X	○
SDU Combat Trousers	○	✓	○	○	✓
Plain Black Trousers	○	X	○	○	○
SDU Belt(or plain black belt)	○	✓	○	○	✓
SDU Polo Shirt	✓	X	○	✓	X
SDU Fleece	★	★	○	X	★
SDU Parka	★	★	○	X	X
SJA Baseball Cap	★	★	○	X	X
SJA Beanie Hat	★	★	○	X	X
Black Low-heeled Boots/Shoes	○	✓	✓	✓	✓
Black Socks	○	✓	✓	✓	✓
Brassard	X	X	X	X	✓
Hi Visibility Jacket/Waistcoat	X	★	★	X	X
Role Bars	✓	✓	✓	✓	✓
Rank Slides	X	✓	○	X	✓
Hijab / Turban	○	○	○	○	○

PICTURES

