1 Fill in the gaps using the following words (each word may be used more than once).

help response injured dangers yourself bystanders accident casualty information emergency aid assess

If you come across an emergency situation when someone has had an_________________ or has been __________________, as a first aider you must quickly_________________ the situation.

It is very important to find out what has happened. You must make sure that you remove any_________________ to the_________________, any_________________ or to_________________.

Never rush straight in to help, as you may make the situation worse if you do not realise the _________________. For example, many people panic when they see an accident, run straight into the road and get themselves_________________ by a passing car.

Once you are sure that there is no further danger, you should check the_________________ from the casualty to decide if they are conscious or not. The appropriate______________________________ should then be applied.

Once you have gathered all the_________________ you need, get_________________.

2 Unscramble the letters to find out how to cope in an emergency.

sasses het oatniistu: ______________________________________

kaem eht aera esaf: ______________________________________

geiv egeenyrmc ida: ______________________________________

teg lphe fmor sheotr: ______________________________________