

# LESSON PLAN

## FIRST AID KITS

Please ensure you have adequate first aid knowledge before teaching this lesson.

Please contact us if you need any help or guidance with this.

### 1. DETAILS OF TEACHER

Name:	Date:	Time:	Class:
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### 2. DETAILS OF LEARNING OBJECTIVES

**By the end of the lesson, students will be able to:**

- > identify the contents of a first aid kit
- > explain how each item may be used
- > explain the importance of having a first aid kit.

### 3. DETAILS OF ACTIVITIES, TIMINGS AND RESOURCES REQUIRED

**Note:** We appreciate that you may not be able to spend a full hour on this topic. Feel free to choose activities to fit the time you have available. For example, you could do one task from each starter, development and plenary category.

Activity	Suggested timing	Resources required
<b>Starter activities</b>		
Introduce the topic; show a first aid box and explain what the container is. Reinforce the importance of making sure it is accessible. Do not examine the contents.	5 mins	Whiteboard
The students can brainstorm what they think should be in a first aid kit and why. > Share ideas with the group, using pictures or items to reinforce why some items are included or excluded.	10 mins	
<b>Development activities</b>		
Create a first aid feely bag. The students can take turns to identify different items within the bag. Include some items that would not be part of a kit.	10 mins	PowerPoint presentation
Give the students different scenarios such as a camping trip and ask what first aid equipment they would take.	10 mins	PowerPoint presentation Paper and pens
Discuss what students can use to treat certain injuries if they do not have a first aid kit.	5 mins	
<b>Plenary activities</b>		
The students can create a list of places where first aid kits should be available, for example a leisure centre: > Using these venues the students can design information signs, contents cards or location maps for the first aid kits.	10 mins	PowerPoint presentation
<b>Suggested additional activities</b>		
The students can write instructions or draw maps of where the first aid kits are located in the school.		

### 4. DETAILS OF ASSESSMENT FOR LEARNING

<input type="checkbox"/> Shared LOs	<input type="checkbox"/> Question/answer	<input type="checkbox"/> Extended question/answer
<input type="checkbox"/> Peer assessment	<input type="checkbox"/> Self assessment	<input type="checkbox"/> Oral feedback
<input type="checkbox"/> Written feedback	<input type="checkbox"/> Reflection/evaluation	<input type="checkbox"/> Group work

## 5. TEACHER NOTES

Use this space for differentiation notes, the role of any classroom support, evaluation notes, etc.

## 6. DETAILS OF SUBJECT-SPECIFIC VOCABULARY

Adhesive dressing, bandage, disposable gloves, first aid kit, gauze, resuscitation face shield, safety pin, sterile dressing, sterile eye patch, triangular bandage, yellow clinical waste bag.

## 7. CURRICULUM LINKS