



WHAT TO DO IF YOUR BABY IS UNRESPONSIVE

1. Check for a response

- Tap their foot and call their name
- If they don't respond, call for help

2. Open their airway

- Gently tilt the head back

3. Check for breathing

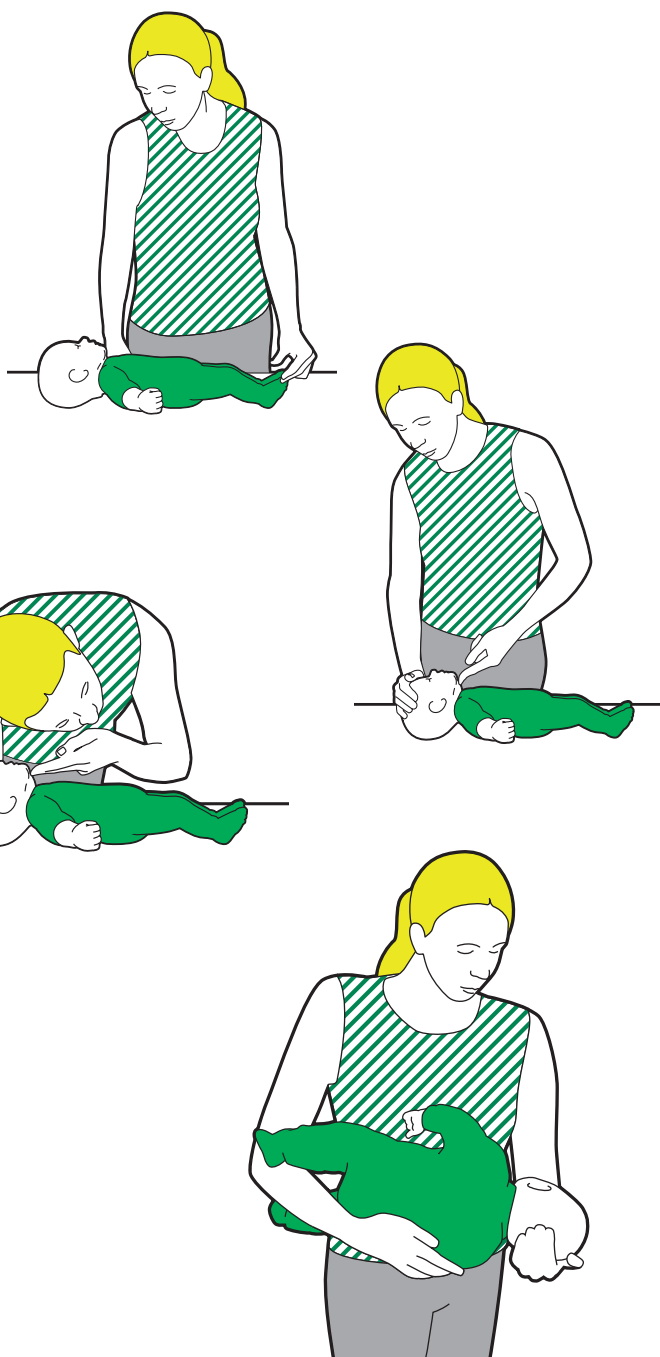
- Look, listen and feel for no longer than 10 seconds

4. If they are breathing

- Hold them in the recovery position

If they are not breathing

- Call 999/112 for emergency help
- Begin CPR.



Learn first aid.

Help save lives.

Be the difference.

More life saving techniques and videos can be found on our website.

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