Ask me what to do if someone is unresponsive

- 1. Open their airway
- 2. Tilt head

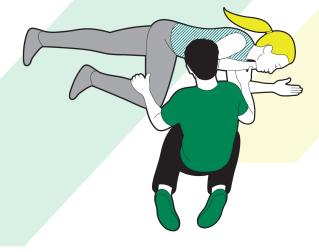
> Look, listen and feel.

4. If they're breathing

> Put them in the recovery position.

3. Check for normal breathing

- > Then call 999/112 for an ambulance.
- 5. If they're not breathing
- > Call 999/112 for emergency help.
- Start CPR.





During a pandemic, please refer to the UK resus council at www.resus.org.uk for any CPR practice changes.



