

LESSON PLAN

MINOR BLEEDING

Please ensure you have adequate first aid knowledge before teaching this lesson.

Please contact us if you need any help or guidance with this.

1. DETAILS OF TEACHER

Name:	Date:	Time:	Class:
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2. DETAILS OF LEARNING OBJECTIVES

By the end of the lesson, students will be able to:

- > recognise and respond appropriately to someone who has a minor bleed
- > understand the risk of cross infection and know how to minimise this risk.

3. DETAILS OF ACTIVITIES, TIMINGS AND RESOURCES REQUIRED

Note: We appreciate that you may not be able to spend a full hour on this topic. Feel free to choose activities to fit the time you have available. For example, you could do one task from each starter, development and plenary category.

Activity	Suggested timing	Resources required
Starter activities		
Ask students to categorise the types of injury into 'minor' and 'other'. Discuss why the students have made those decisions.	10 mins	Paper and pens
Development activities		
Ask the students to list anything they would need to do to protect themselves or the casualty.	5 mins	PowerPoint presentation
Share responses and recap correct answers.	10 mins	PowerPoint presentation
Discuss the treatment of minor cuts and scrapes using the list on the board. Be sure to address concerns about the use of plasters.	5 mins	
Ask the students to think about nosebleeds and what treatment they would expect to see. You may hear a wide range of responses as this is a treatment which is often performed incorrectly.	10 mins	
Check students' understanding of treatments.	5 mins	
Plenary activities		
Ask the students to role-play the treatment for a nosebleed in pairs. Remind them to reassure the casualty.	10 mins	PowerPoint presentation
Suggested additional activities		
The students can research the recognition features of an infected wound and how further infection can be prevented.		

4. DETAILS OF ASSESSMENT FOR LEARNING

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|---|--|---|
| <input type="checkbox"/> Shared LOs | <input type="checkbox"/> Question/answer | <input type="checkbox"/> Extended question/answer |
| <input type="checkbox"/> Peer assessment | <input type="checkbox"/> Self assessment | <input type="checkbox"/> Oral feedback |
| <input type="checkbox"/> Written feedback | <input type="checkbox"/> Reflection/evaluation | <input type="checkbox"/> Group work |

5. TEACHER NOTES

Use this space for differentiation notes, the role of any classroom support, evaluation notes, etc.

6. DETAILS OF SUBJECT-SPECIFIC VOCABULARY

Disposable gloves, hygiene, infection, minor bleed, nosebleed, plaster, wound.

7. CURRICULUM LINKS